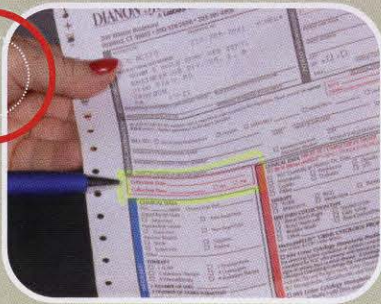


If you have any questions about the testing procedure, please do not hesitate to call the Health Services department at 215-619-5473.



INSTRUCTIONS

Step 1:
Complete the lab requisition slip.
It is best to avoid collecting a specimen on Friday or over the weekend because of the delay in arrival to the lab. There are spaces on the form for the date and time of your collection. We have completed as much information for you as we have available, but if your social security number and/or date of birth are not on this form, please complete them where indicated.

Step 2:
Collect the specimen:
Use the outer cup to collect urine specimen. Pour urine into the specimen container, which contains a liquid preservative. The tests require a minimum of 60 mL of urine and the maximum is 90 mL. These volumes are marked on the bottle. Secure the lid of the container and place it back in the box. Attempt to zip the bag closed, but this is not essential. Specimen does not need to be refrigerated or packed on ice.



Step 3:
Shipping the specimen:
Place the lab requisition slip in the pouch in front of the specimen bag. Place the box with specimen into the plastic Fed Ex Clinical Pak shipping envelope. The shipping label is already on the envelope. Seal the envelope by removing the paper on the adhesive strip. Call Fed Ex at 1-800-463-3339 to schedule a pick-up. You do not need to be present when the Fed Ex courier arrives. There are Fed Ex collection boxes near office buildings which ARE acceptable.

DO NOT PUT THE ENVELOPE IN A U.S. POST OFFICE MAIL BOX!!

You will receive your results along with an interpretation within 4-6 weeks from the Health Services Department.